



# The Unity Times

Intergroup  
Meeting 1st  
Saturday of the  
Month @  
50 Crown Street  
Holland Park  
4121

[www.oabrisbane.com](http://www.oabrisbane.com)

## Queensland Overeaters Anonymous

Save these dates: 8th, 9th, 10th September 2017  
**QUEENSLAND INTERGROUP CONVENTION**

**THEME: "STRENGTH IN UNITY"**

**WATCH OUT FOR MORE INFORMATION COMING TO YOU SOON!!**



### Meet The Board



#### Lets hear from the Intergroup Chairperson:

When I first came to OA nine years ago I would help pack up and put chairs away. It was the beginning of my giving service and bit by bit this helped me to overcome the isolation I had been living in. Also, taking responsibility for carrying the OA bag each week kept me coming back.

As my recovery progressed so did my service - I was curious about Intergroup and what went on there, so I became our meeting's group representative. After some time at IG I was nominated for Secretary and remained in that service position for two years. This work was very worthwhile as well as rewarding to me personally. I learned to be more patient and tolerant. I also felt a greater sense of belonging in OA and I enjoyed connecting with and getting to know other members in OA groups around the state.

At the last AGM in March this year I accepted the position of Chairperson for IG. I am excited and enthusiastic about this role and the opportunity to work in harmony with and to support my fellow committee members as we give of our best to support the still suffering overeater in and out of Intergroup. I am very grateful for the opportunity to give back what I have so generously been given by these very committed members.

So come along. observe an IG meeting and take that experience back to your group. Better still, become a group representative. If you are unable to come to IG personally we now have the facility for you to Skype into the meeting. We look forward to seeing you there. Yours in service, Jill



### Meeting Events:



**Victoria Point invites you to our  
8th Birthday Meeting. We would love you  
to come and share in our celebration!**

**When: Saturday, 17th June 2017, 9:30 am - 10:45 am**

**Where: Victoria Point Public Library (upstairs)  
7-15 Bunker Road, (opp. Aldi)**

**Guest Speaker skyping from the U.S.A  
Cafe Catch up afterwards.**



If you have any events,  
special meetings,  
workshops you wish to let  
others know about, here's  
your chance to spread the  
word - contact me on  
[oakimk2002@hotmail.com](mailto:oakimk2002@hotmail.com)

by the 20th of July  
for the  
July/August  
Unity Times  
Yours in Service,  
Kim K